# **Plot Exercise**

**Premise:** A man loses their lover and begins to develop dementia. They are starting to forget their past, and their love. The story is about them furiously trying to remember all their memories, to be recorded and made immortal. But some are irreparable and must be improvised.

# **Initial Plot Setup, 16 beat structure:**

**Setup:** A man and his lover live happily in a small coastal down, she hopes to become a lawyer, and he hopes to continue his families bakery.

**Inciting Incident:** The woman dies in hospital one day, and while the man is handling his grief, he notices features fading in his memories.

**Theme Stated:** After visiting a neurologist, he is diagnosed with dementia. Not wanting to forget their past, they start writing a autobiography.

**Lock-In:** As they start writing their book, they notice important details in certain memories of lacking.

**Goal:** The man is now frantic, wanting to not forget anything, they start writing furiously before they forget anything more.

**B-Plot:** During their writing, they notice they’ve written more about inane details of events, than the event itself.

**Learn/Plan:** The man realizes that they might help explain situations, or what might have happened then.

**Midpoint:** They start re-reading all their prior writings, to re-iterate upon them, while attempting to scour for context on missing memories.

**Great Gain:** They begin to remember significant portions of old memories; they are determined that this can be done.

**Great Loss:** As they approach a more recent memory, they notice that they are beginning to forget even minor details during the re-writing events.

**“Death”:** The man realizes something that scares him deeply, he can’t remember her face.

**“Rebirth”:** With the bitter realization, they continue dredging on, trying not to let this loss stop them from saving whatever else they can remember.

**Battle:** During his writing, he starts to realize a lot of details he’s uncovering, and rewriting are also inane, and he’s not convinced of their accuracy.

**Thematic Revelation:** He also realizes that he will have to decide what he wants to be ‘the truth’ in his memory, that he will have to dictate his past than relying on memory.

**Moral Test:** With the revelation of their needed personal autonomy, they decide to rewrite the missing events/memories to a standard he’s personally believes in.

**Conclusion/Status Quo:** The writer finishes his autobiography, requesting copies be made and shared with close friends and family, as he tries to live the rest of his life before it fades from him.

# **Initial Plot Setup, 8 beat structure:**